

SUSTAINABLE DEMONSTRATIONS: A USEFUL GUIDE

WHAT IS THIS?

This is a guide for sustainable practices while attending demonstrations, which can include protests, sit-ins, marches, vigils, and more.

Our intention is to provide recommendations to reduce plastic and waste while taking action in your community. This is part of a full guide for adopting sustainable practices before, during, and after organized demonstrations.

For more information read the full guide at www.moon31.com

PREPARE FOR ANYTHING

Demonstrations can take place anywhere. Expect any type of weather.

For more serious demonstrations, **make a tear gas/pepper spray treatment solution** using water and baking soda. Use a reusable container or glass bottle.

Dress properly: mask up, bring a backpack and raincoat, and wear comfortable footwear.

Protests can last up to 6 hours. Eat a hearty meal before going.

ITEMS TO BRING

Pack your reusables: water bottles, containers, bags, plates, and cutlery. Wrap your food in tin foil instead of plastic wrap.

Pack for the elements: Bring sustainable sunscreen and insect repellent. For bikers, **bring a bike repair kit.**

15-26 Million

People engaged in demonstrations across the U.S. during a one month period in 2020 alone, according to The New York Times.

BEST PRACTICES

Take pictures of flyers. Pass them on to save paper and trees!

Use those pictures and **mobilize on social media.** #SustainableProtest

Leave no trace. Lead by example, encourage folks to pick up garbage and not litter. Bring it home in a biodegradable or compostable bags and dispose of it properly.

If you're making signs:

Use repurposed cardboard (like packaging and food boxes).

Use plant-based tape and non-toxic chalks and paints.

Make a sign you love but keep language general to reuse it!

ABOUT MOON31

Moon31 creates platforms for conversation that tackle the important issues of today: environmental sustainability, LGBT advocacy, community building, social justice, and gender equality.

AFTER THE PROTEST

Make friends, **diversify your message**, and swap signs with others!

Find or host cleanups the day after and promote them on social media. Separate and properly manage collected material. Link with others to encourage cleaning supply donations (biodegradable large trash bags, gloves, buckets, rags, or sponges).

Continue to support! Demonstrations create great momentum for real tangible changes.

REMEMBER, THE MOST SUSTAINABLE ITEM IS THE ONE YOU ALREADY HAVE



Scan for more options and purchase links

BARE ESSENTIALS



REUSABLE UTENSILS

ECOSTAR Portable Wheat Straw Cutlery Set
\$6 for a set



REUSABLE FOOD CONTAINERS

CARTINTS silicone collapsible containers
\$21 for 3 containers or \$7 each



SNACKS

The Yes! bar - snacks with recyclable wrappers.
Approximately \$3



REUSABLE WATER BOTTLE

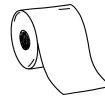
Naeco bottle - plant a coral with purchase
\$29 with discount code 'OCEANIC'



COMPOSTABLE TRASH BAGS

UNNI 8-gallon bags
\$15 for 50 bags or \$0.30 each

PERSONAL CARE



TOILET PAPER

Who Gives A Crap
Approximately \$1 per roll



FOR WOMEN: FEMININE PADS

LENA Menstrual Cup for \$25
The Anytime Co's Reusable Pads for \$33



FOR PARENTS: DIAPERS

Dyper
\$68 for 224 diapers

WARDROBE LIST



BACKPACK

Terra Thread - fair-trade, 100% organic cotton
Starts at \$49



SHOES

TOMS - donates \$1 for every \$3 spent
Starts at \$30



REUSABLE MASK

Future Meets Present - plants a tree!
\$7 per mask (50% of profits donated)

SIGNAGE NEEDS



PAINT

Ironlak Sugar Spray Paint
Starts at \$8 per can



MARKERS

Auspen Refillable Markers
\$15 for a 6-pack



CHALK

Art Chalk by The Type Set Co
\$12 per pack

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